

# ASIS

## Physical Therapy

Advanced Solutions • Individualized Service

ASIS Physical Therapy Site in Rancho Bernardo

11848 Bernardo Plaza Court  
Suite #100  
San Diego, CA 92128

### Driving Directions:

- I-15 North
- Take Exit #24 for Rancho Bernardo Road
- Take a Right off the exit ramp onto Rancho Bernardo Road
- Go Right at the FIRST stop light onto Bernardo Center Drive
- Go Right at the FIRST stop light past the Fire Station onto Bernardo Plaza Court
- Take a Right at the THIRD driveway into the Citibank and follow the drive around to the parking lot in the back of the business park (look for GREEN patient parking signs).

Please call if you have any questions:

**P: (858) 217-2496**

**F: (888) 493-4898**

